

## No-Bake Pumpkin Dog Treats (can also make into kongs)

Ingredients	Instructions
<ul style="list-style-type: none"><li>● 1 cup pumpkin puree</li><li>● 1/2 cup peanut butter</li><li>● 2 1/2 cups oats</li><li>● 1/4 cup Honey</li><li>● 1 tsp cinnamon</li></ul>	<ol style="list-style-type: none"><li>1. In a large bowl mix your oats, peanut butter, pumpkin puree, honey, and cinnamon until fully combined.</li><li>2. Form 1 1/2" balls then chill</li><li>3. Chill for 1 hour, and then move them to an ziploc bags with labels/dates on them</li></ol>

## “Everything but the Kitchen Sink Dog Treat Balls” (can also make into kongs)

Ingredients	Instructions
<ul style="list-style-type: none"><li>● ½ cup pureed pumpkin or mashed sweet potatoes)</li><li>● ¼ cup applesauce</li><li>● ½ cup creamy peanut butter</li><li>● ¼ cup plain Greek yogurt</li><li>● 1 ½ cups old-fashioned oats (add more if mixture seems to wet)</li></ul>	<ol style="list-style-type: none"><li>1. In a large bowl, mix together all the ingredients.</li><li>2. Using a spoon, form into balls and refrigerate until firm.</li><li>3. Then move them to an ziploc bag with labels/dates on them</li></ol>

## Easy no bake soft and fruity dog treats

<p><b>Ingredients:</b></p> <ul style="list-style-type: none"><li>● 6 heaping tablespoons of rolled oats</li><li>● 2 T dried cranberries</li><li>● ¼ of an apple</li><li>● 1 Tbsp water</li></ul>	<p><b>Instructions:</b></p> <ol style="list-style-type: none"><li>1. Blend together the 1/4 of an apple, cranberries, and oats together with 1 tbsp of water.</li><li>2. Add a little water if needed to get to a consistency to stick together.</li><li>3. Form balls based on the size of your pet. Refrigerate treats.</li><li>4. Then move them to an ziploc bags with labels/dates on them</li></ol>
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## No-Bake Peanut Butter Pumpkin Dog Treats (can also make into kongs)

<p><b>Ingredients</b></p> <ul style="list-style-type: none"><li>● 1/2 cup pumpkin puree</li><li>● 1/2 cup applesauce</li><li>● 1/4 cup peanut butter</li><li>● 1/4 cup plain yogurt</li><li>● 2 1/2 cups old fashioned oats</li></ul>	<p><b>Instructions</b></p> <ol style="list-style-type: none"><li>1. In a large bowl, mix pumpkin, applesauce, peanut butter, and yogurt until smooth.</li><li>2. Stir in oats.</li><li>3. Using a spoon and your hands form into balls.</li><li>4. Store in fridge or freezer until ready to serve (makes about 15 balls)</li><li>5. Place into ziploc bags with labels/dates on them</li></ol>
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## Carrot Brothsicle Frozen Dog Treats

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● 1 cup chopped carrots</li><li>● 1/2 cup chicken or beef broth</li><li>● Feel free to switch veggie options around (Green beans, beets, pumpkin ect.)</li></ul>	<ol style="list-style-type: none"><li>1. Wash carrots</li><li>2. Dice carrots</li><li>3. Blend bone broth and carrots in a blender</li><li>4. Pour mixture into molds or 5 oz cups (optional to use cut up leash and freeze with cup to use as a clip to kennel doors)</li><li>5. Freeze overnight or for 2-3 hours</li><li>6. Then move them to ziplocs bags with labels/dates on them</li><li>7. (feel free to get creative and switch around veggies and broths)</li></ol>

**Healthy "PUPkinccinos"** 1 dog/serving worth (can also make into kongs)

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● 1 cup plain Greek yogurt</li><li>● ¼ c pumpkin puree</li><li>● 2 TBSP old-fashioned oats</li><li>● ½ tsp. Honey</li></ul>	<ol style="list-style-type: none"><li>1. In a blender, mix together all ingredients until smooth.</li><li>2. Serve in 5oz cups</li><li>3. Can be frozen or served right away</li><li>4. Make sure to date/label cups</li></ol>

## Broth and Apple frozen treats

Ingredients	Instructions
<ul style="list-style-type: none"><li>● ½ lbs Apple Slices</li><li>● 3 cups Chicken or Beef Broth</li></ul>	<ol style="list-style-type: none"><li>1. Chop apples into small pieces, portion evenly into molds or containers being used</li><li>2. Then fill containers with broth about half way if using 5oz cups (optional: put end of cut leash into base for clipping to kennel doors when serving) and molds as desired and freeze for 2-4 hours depending on sizes.</li><li>3. When using molds after freezing, put them into ziploc bags and label and date. If cups make sure the cups are labeled and dated</li></ol>

## No - Bake banana (can also make into kongs)

Ingredients	Instructions
<ul style="list-style-type: none"><li>● ½ cup Coconut Oil</li><li>● ½ cup Peanut Butter</li><li>● ¼ teaspoon Turmeric</li><li>● ½ cup mashed Banana</li></ul>	<ol style="list-style-type: none"><li>1. In a microwaveable bowl, add the peanut butter, coconut oil, and turmeric and heat for 30 seconds-1 minute until slightly melted.</li><li>2. Whisk/spoon to combine, then using a scoop/spoon it into the silicone molds to fill slightly over half way full. Do not fill too high or it will spill over.</li><li>3. Transfer to a freezer keeping the silicon mold flat to harden evenly. Freezer for 25 minutes or until hardened. Once hard, transfer to a ziploc bag and label/date and store in freezer</li></ol>

**Frozen Dog Treats I: "Pup Cups - Peanut Butter"** (can also make into kongs)

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"> <li>● 1 cup plain Greek yogurt</li> <li>● 1/2 cup peanut butter</li> <li>● Silicone ice cube tray</li> </ul> <p>(Feel free to experiment and add extras like Honey, Tuemic, Coconut Oil... usually about ½ tsp)</p>	<ol style="list-style-type: none"> <li>1. Mix together yogurt and peanut butter. (or extra ingredients)</li> <li>2. Spoon the mixture into the silicon molds or ice trays. Place in the freezer and freeze for at least 4 hours.</li> <li>3. Once frozen, remove the treats from the molds, and place them in a zip lock bag. Keep the zip lock bag in the freezer, ready to give out treat</li> </ol>

**Frozen Dog Treats II: "Pup Cups - Mango Banana "**

<b>INGREDIENTS</b>	<b>INSTRUCTIONS</b>
<ul style="list-style-type: none"> <li>● 1 banana ripe</li> <li>● 1 large mango ripe</li> <li>● 1 cup Plain greek yogurt</li> <li>● Silicone ice cube tray</li> </ul> <p>(Feel free to experiment and add extras like Honey, Tuemic, Coconut Oil... usually about ½ tsp)</p>	<ol style="list-style-type: none"> <li>1. Peel the mango and remove the stone. Cut the fruit into pieces.</li> <li>2. Peel the banana and cut it into pieces.</li> <li>3. Place the mango and banana into a blender and add the yogurt. Pulse until smooth.</li> <li>4. Spoon the mixture into the silicon molds or 5 oz cups (optional: put end of cut leash into base for clipping to kennel doors when serving). Place in the freezer and freeze for at least 4 hours.</li> </ol>

### Frozen Dog Treats III: "Pup Cups - Blueberry "

<b>INGREDIENTS</b>	<b>INSTRUCTIONS</b>
<ul style="list-style-type: none"><li>● ¾ cup blueberries</li><li>● ¾ cup greek yogurt</li><li>● ½ banana, (can be replaced with 1/3 of a mango)</li></ul> <p>(Feel free to experiment and add extras like Honey, Tuemic, Coconut Oil... usually about ½ tsp</p>	<ol style="list-style-type: none"><li>1. Peel the banana (or mango and remove the stone). Cut the fruit into pieces.</li><li>2. Place fruit into a blender and add the yogurt. Pulse until smooth.</li><li>3. Spoon the mixture into the silicon molds or 5oz (optional: put end of cut leash into base for clipping to kennel doors when serving). Place in the freezer and freeze for at least 4 hours.</li><li>4. Once frozen, remove the treats from the molds, and place them in a ziploc bag with label/date on bag</li></ol>

### Frozen Dog Treats IV: "Pup Cups - mixed fruit/Watermelon " - feel free to swap fruits around as needed

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● 1 cup Plain Greek Yogurt</li><li>● ½ cup Watermelon</li><li>● ½ cup Strawberries</li><li>● ½ cup Blueberries</li><li>● ½ cup Raspberries</li></ul> <p>(Feel free to experiment and add extras like Honey, Tuemic, Coconut Oil... usually about ½ tsp</p>	<ol style="list-style-type: none"><li>1. Cut the strawberries and watermelon into small pieces. Remove any watermelon seeds if needed.</li><li>2. Place fruit into a blender and add the yogurt. Pulse until smooth.</li><li>3. Spoon the mixture into the silicon molds or 5oz cups. Place in the freezer and freeze for at least 4 hours.</li><li>4. Once frozen, remove the treats from the molds, and place them in a ziploc, make sure to label/date.</li></ol>

**Gastro Kongs** - have 5 prepped at a time

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● Science Diet EN or Royal Canin Gastrointestinal <b>Wet</b> food</li><li>● ¼ cup Science Diet EN or Royal Canin Gastrointestinal <b>Dry</b> food(Optional)</li><li>● ½ tbsp Coconut Oil</li></ul>	<ol style="list-style-type: none"><li>1. Take appropriate sized kong and fill ⅓ of kong on the inside with wet food</li><li>2. <b>Optional</b> : add dry food into kong before wet food or mix with wet food</li><li>3. Place in the freezer for later or give it to the dog at room temperature.</li><li>4. Put a small dollop of wet food mixed with coconut oil on small opening(top of kong) before giving to dog</li><li>5. Place into ziplock bag with label and date of kongs made</li></ol>

**Fish flavored Kongs** - have 5 prepped at a time

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● Salmon/fish flavored wet food</li><li>● ¼ cup Salmon Dry food (Optional)</li><li>● ½ tbsp Coconut Oil</li></ul>	<ol style="list-style-type: none"><li>6. Take appropriate sized kong and fill ⅓ of kong on the inside with wet food</li><li>7. <b>Optional</b> : add dry food into kong before wet food or mix with wet food</li><li>8. Place in the freezer for later or give it to the dog at room temperature.</li><li>9. Put a small dollop of wet food mixed with coconut oil on small opening(top of kong) before giving to dog</li><li>10. Place into ziplock bag with label and date of kongs made</li></ol>

**Lamb/Beef Flavored Kongs** - have 10 prepped at a time

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● Lamb or beef flavored wet food</li><li>● ¼ cup lamb or beef Dry food (Optional)</li><li>● Spoonful of Peanut Butter</li></ul>	<ol style="list-style-type: none"><li>11. Take appropriate sized kong and fill ⅓ of kong on the inside with wet food</li><li>12. <b>Optional</b> : add dry food into kong before wet food or mix with wet food</li><li>13. Place in the freezer for later or give it to the dog at room temperature.</li><li>14. Put a small dollop of wet food mixed with some peanut butter on small opening(top of kong) before giving to dog</li><li>15. Place into ziplock bag with label and date of kongs made</li></ol>

**Chicken Flavored Kongs** - have 10 prepped at a time

<b>Ingredients</b>	<b>Instructions</b>
<ul style="list-style-type: none"><li>● Chicken wet food</li><li>● ¼ cup Chicken Dry food (Optional)</li><li>● Spoonful of Peanut Butter</li></ul>	<ol style="list-style-type: none"><li>16. Take appropriate sized kong and fill ⅓ of kong on the inside with wet food</li><li>17. <b>Optional</b> : add dry food into kong before wet food or mix with wet food</li><li>18. Place in the freezer for later or give it to the dog at room temperature.</li><li>19. Put a small dollop of wet food mixed with some peanut butter on small opening(top of kong) before giving to dog</li><li>20. Place into ziplock bag with label and date of kongs made</li></ol>